

परिशिष्ट-3

FORM 21

[Prescribed under Rule (19)]

Health Register

(In respect of persons employed in occupations declared to be dangerous operations under Section 87)

Name of Certifying Surgeon				(a) Shri (b) Shri (c) Shri	From From From	To To To		
Serial No.	Works No.	Name of Worker	Sex	Age (last birth day)	Date of employment on present work	Reason for leaving transfer or discharge	Reason for leaving transfer or discharge	Nature of job or occupation
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)

Raw material or by product handled	Date of Medical Examination by Certifying Surgeon and result of medical Examination			If suspended from work, state period of suspension with detailed reasons	Recertified fit to resume duty on (with signature of certifying surgeon)	If certificate of unfitness of suspension issued to work	Signature with date of certifying surgeon
(10)	(a)	(b)	(c)	(12)	(13)	(14)	(15)
	(d)	(e)	(f)				
	(g)	(h)	(i)				

- Note.-** (i) Column (8) - Detailed summary of reasons for transfer of discharge should be stated.  
(ii) Column (11) - Should be expressed as fit/unfit/suspended.

Annexure

**PRE-EMPLOYMENT & PERIODIC MEDICAL EXAMINATION**

(1) **GENERAL EXAMINATION:**

HEIGHT: \_\_\_\_\_ CM, WEIGHT: \_\_\_\_\_ KG, BMI \_\_\_\_\_  
 CHEST: INSPIRATION \_\_\_\_\_ CM, EXPIRATION: \_\_\_\_\_ CM.  
 BUILT - AVERAGE/ STRONG/ POOR \_\_\_\_\_  
 THROAT \_\_\_\_\_, TONGUE \_\_\_\_\_, TONSILS \_\_\_\_\_  
 TEETH \_\_\_\_\_, GUMS \_\_\_\_\_, THYROID \_\_\_\_\_  
 LYMPH NODES \_\_\_\_\_  
 ADDITIONAL FINDINGS \_\_\_\_\_

(2) **CARDIO-VASCULAR SYSTEM:**

PULSE: \_\_\_ / MIN. REGULAR/ IRREGULAR PERIPHERAL PULSE - FELT/ NOT FELT  
 B.P. \_\_\_\_\_ mm of Hg.  
 HEART SOUND: \_\_\_\_\_  
 MURMUR, IF ANY: \_\_\_\_\_  
 ADDITIONAL FINDING (S), IF ANY- \_\_\_\_\_

(3) **RESPIRATORY SYSTEM:**

SHAPE OF CHEST: \_\_\_\_\_  
 CHEST MOVEMENTS: \_\_\_\_\_  
 TRACHEA: \_\_\_\_\_  
 BREATH SOUNDS: \_\_\_\_\_

(4) **GASTRO-INTESTINAL SYSTEM:**

LIVER: \_\_\_\_\_ SPLEEN: \_\_\_\_\_  
 ANY ABDOMINAL LUMPS: \_\_\_\_\_

(5) **EXAMINATION OF EYES:**  
 EXTERNAL EXAM. \_\_\_\_\_ SQUINT: \_\_\_\_\_  
 NYSTAGMUS: \_\_\_\_\_  
 COLOUR VISION – NORMAL/ DEFECTIVE \_\_\_\_\_  
 FUNDUS (L) (R) \_\_\_\_\_  
 INDIVIDUAL COLOUR IDENTIFICATION – NORMAL/ DEFECTIVE \_\_\_\_\_  
 DISTANT VISION (WITHOUT GLASSES)  
 RIGHT \_\_\_\_\_ LEFT \_\_\_\_\_  
 (WITH GLASSES) RIGHT \_\_\_\_\_ LEFT \_\_\_\_\_  
 NEAR VISION (WITHOUT GLASSES)  
 RIGHT \_\_\_\_\_ LEFT \_\_\_\_\_  
 (WITH GLASSES) RIGHT \_\_\_\_\_ LEFT \_\_\_\_\_  
 NIGHT BLINDNESS: (NYCTALOPIA): \_\_\_\_\_

(6) **EXAMINATION OF EAR, NOSE & THROAT:**  
 EXTERNAL EXAM: \_\_\_\_\_

(7) **GENITO URINARY SYSTEM:**  
 HERNIA: \_\_\_\_\_ HYDROCELE/ VARICOCELE \_\_\_\_\_  
 CRYPTORCHIDISM \_\_\_\_\_ PHIMOSIS \_\_\_\_\_  
 VARICOSE VEINS \_\_\_\_\_ SIGNS OF STD \_\_\_\_\_

OTHER EXAMINATION FOR FEMALES:  
 MENSTRUAL HISTORY OBSTETRIC HISTROY  
 MENARCHE AT \_\_\_\_\_ Yrs. GRAVIDA \_\_\_\_\_ PARA \_\_\_\_\_  
 LMP - \_\_\_\_\_  
 MENSTRUAL IRREGULARITY, IF ANY \_\_\_\_\_

**INVESTIGATIONS**

(8) **LAB INVESTIGATIONS:**

URINE: ALBUMIN \_\_\_\_\_, SUGAR \_\_\_\_\_  
 MICROSCOPY \_\_\_\_\_, STOOL: \_\_\_\_\_

HAEMOGRAM  
 Blood Group: \_\_\_\_\_ Rh factor: \_\_\_\_\_ Hb \_\_\_\_\_ TLC \_\_\_\_\_ RBC \_\_\_\_\_  
 DLC – P L E M B Platelets Count \_\_\_\_\_

LIPID PROFILE  
 Serum cholesterol:, S/Triglycerides  
 HDL, LDL

HEPATIC PROFILE  
 SGPT: SGOT:  
 Alkaline Phosphatase:

RENAL PROFILE  
 Blood Urea:, S/Creatinine:

METABOLIC  
 Blood Sugar – F:, Blood Sugar – PP:, S/uric acid:  
 \_\_\_\_\_

(9) **OTHER INVESTIGATIONS:**  
 X-Ray Chest (In normal persons once in three years,  
 \_\_\_\_\_  
 in case of any abnormality x-ray can be done at shorter intervals)  
 ECG (In case of any abnormality further tests should be carried out)  
 \_\_\_\_\_  
 Ultra Sound Whole abdomen (In normal persons once in three years in case of any  
 abnormality can be done at shorter intervals)  
 \_\_\_\_\_  
 Others: \_\_\_\_\_

**(10) PULMONARY FUNCTION TEST**

	FVC	FEV 1	FEV 1 / FVC
Predicted			
Measured			
% of Predicted			

Remarks:

(11) **Audiometry examination** - PTA of both ears at frequency of 125, 250, 500, 1000, 2000, 4000, 8000 Cycles per second

(12) **Medical examination of canteen staff**

- a- Blood examination for venereal disease and routine blood examination.
- b- Stool and urine examination for worm infection
- c- Screening for skin diseases (scabies and others)
- d- X-ray and other tests for T.B.

(13) **Details of Other specific medical examination carried out as mentioned in the respective schedules of rule 107 of C.G. factories rules 1962 -**

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Signature (with date) of  
factory Medical Officer

Signature (with date) of  
certifying surgeon

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